

手掌肌肉展

Thenar compartment

(魚際區)

Flexor pollicis brevis

(屈指短肌)

Abductor pollicis brevis

(外展拇短肌)

Opponens pollicis

(拇指對掌肌)

Hypothenar compartment (小魚際區)

Flexor digiti minimi

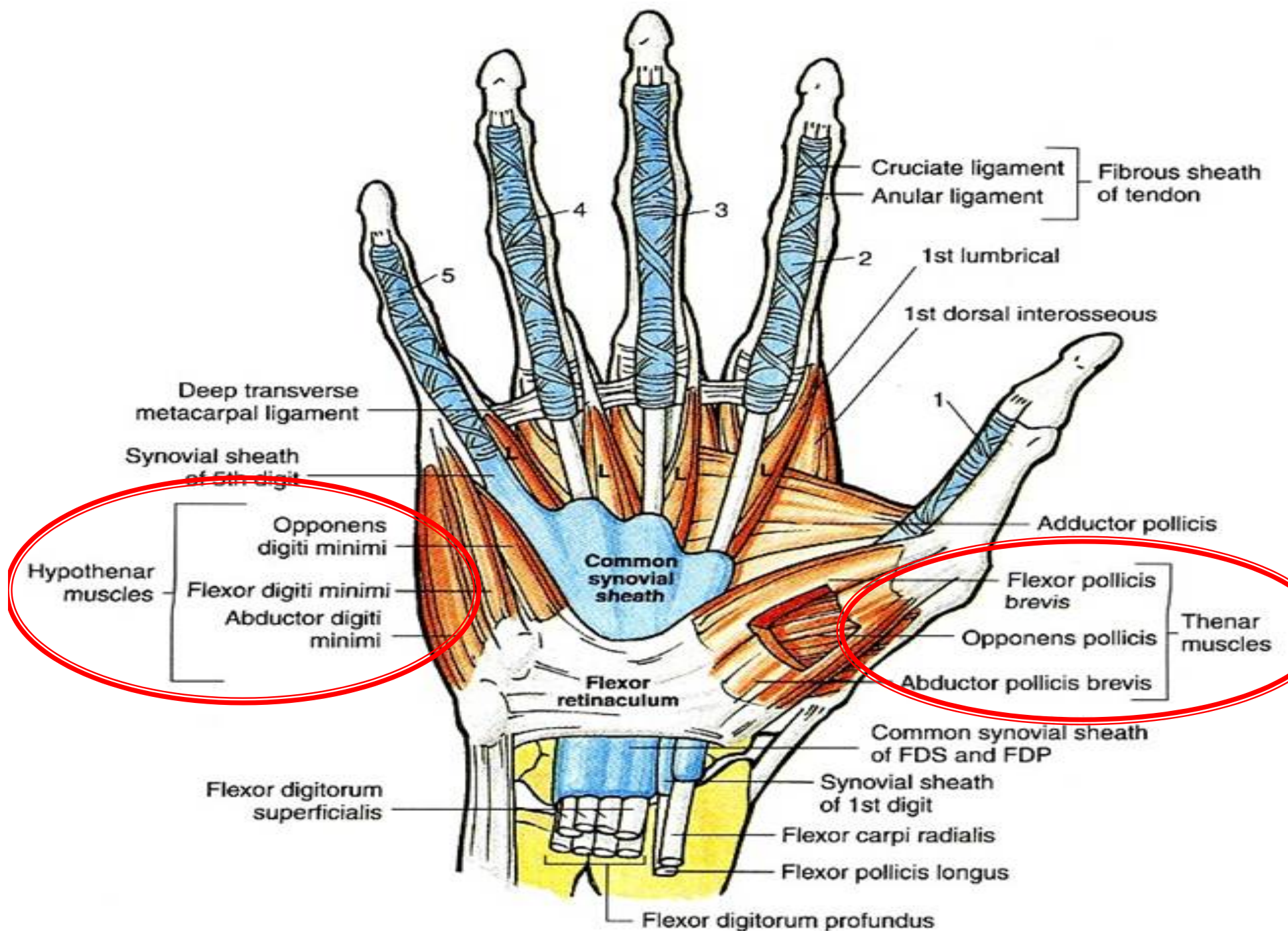
(屈小指短肌)

Abductor digiti minimi

(外展小指肌)

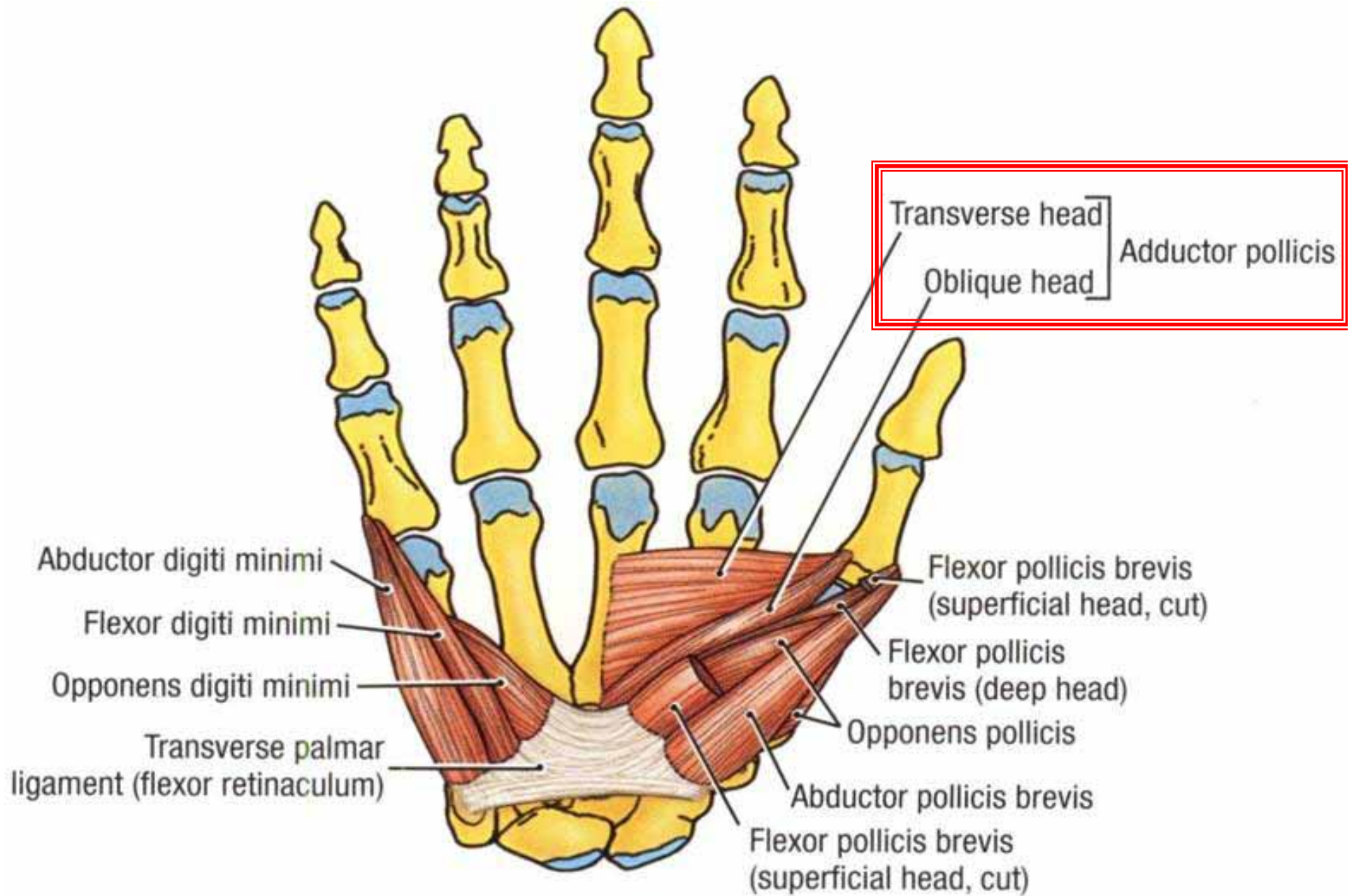
Opponens digiti minimi

(對掌小指肌)



Adductor compartment (內收肌區)

Adductor pollicis
(內收拇指肌)



**Anterior View, Thenar Muscles,
Hypothenar Muscles, and
Adductor Pollicis**

Small intrinsic muscles

(本體小肌群)

Lumbricales (1-4)

(蚓狀肌)

Palmar interosseous muscles (1-3)

(掌骨間肌)



Lumbricals (1-4)



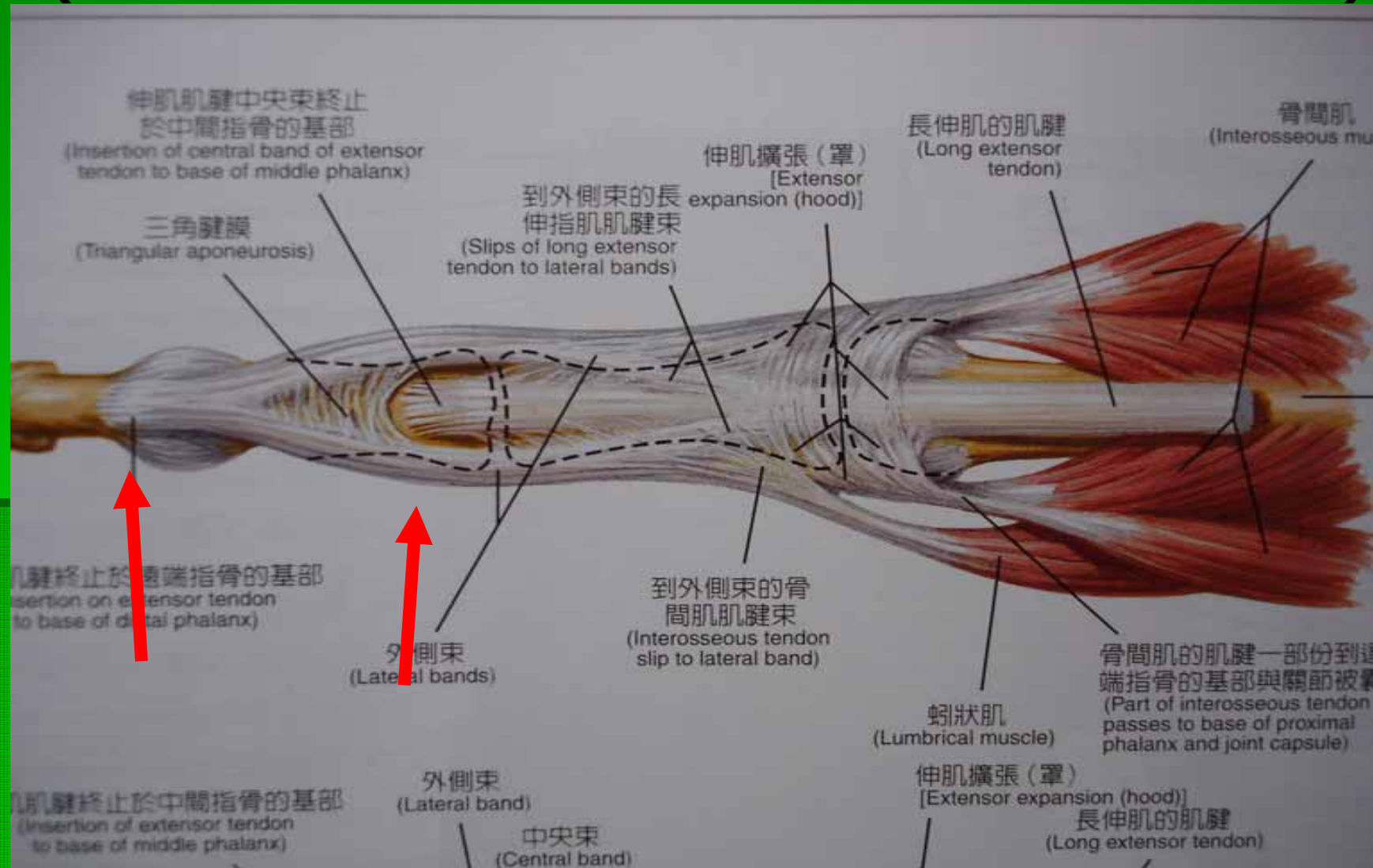
Dorsal interossei (1-4)

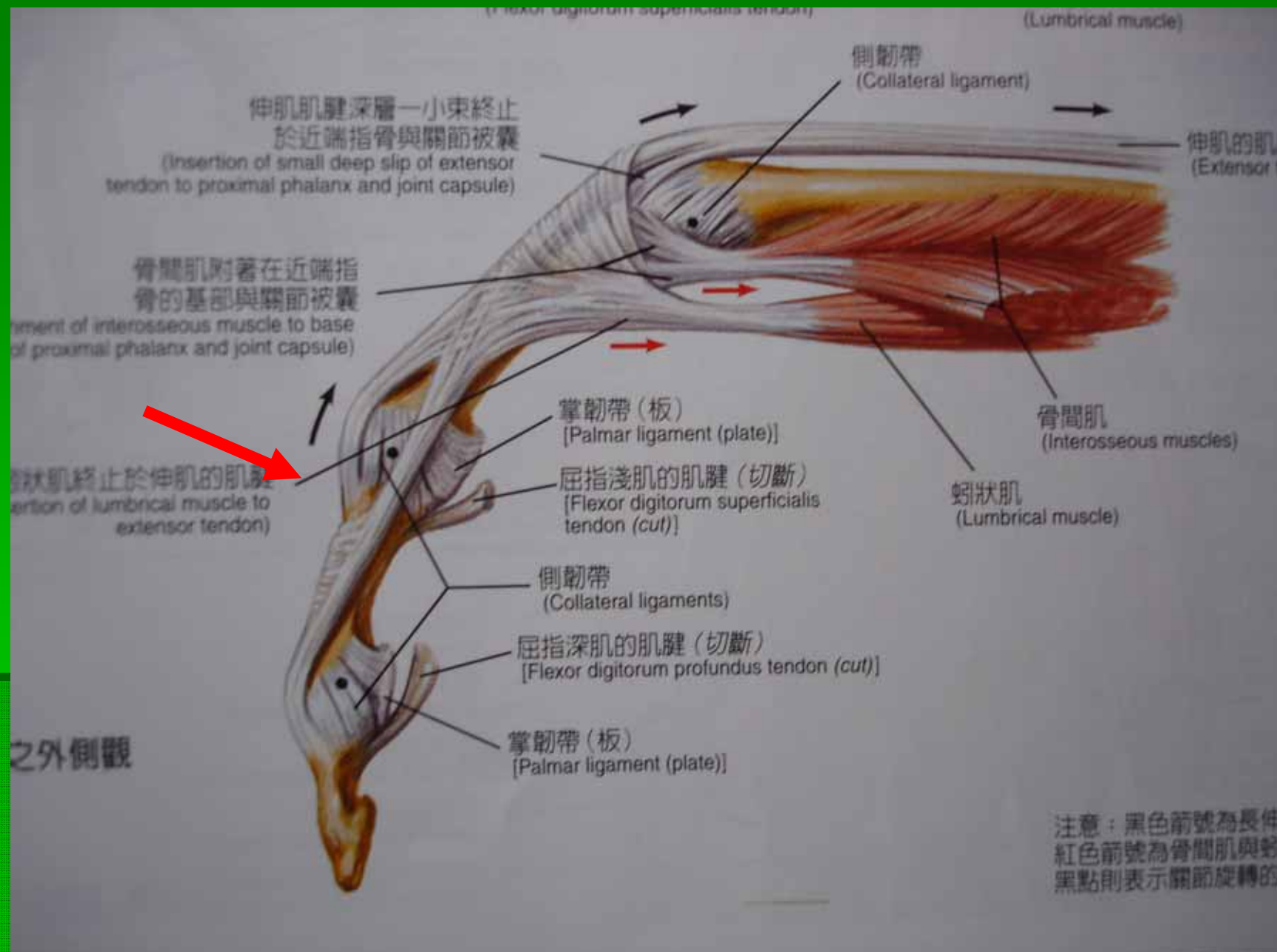


Palmar interossei (1-3)

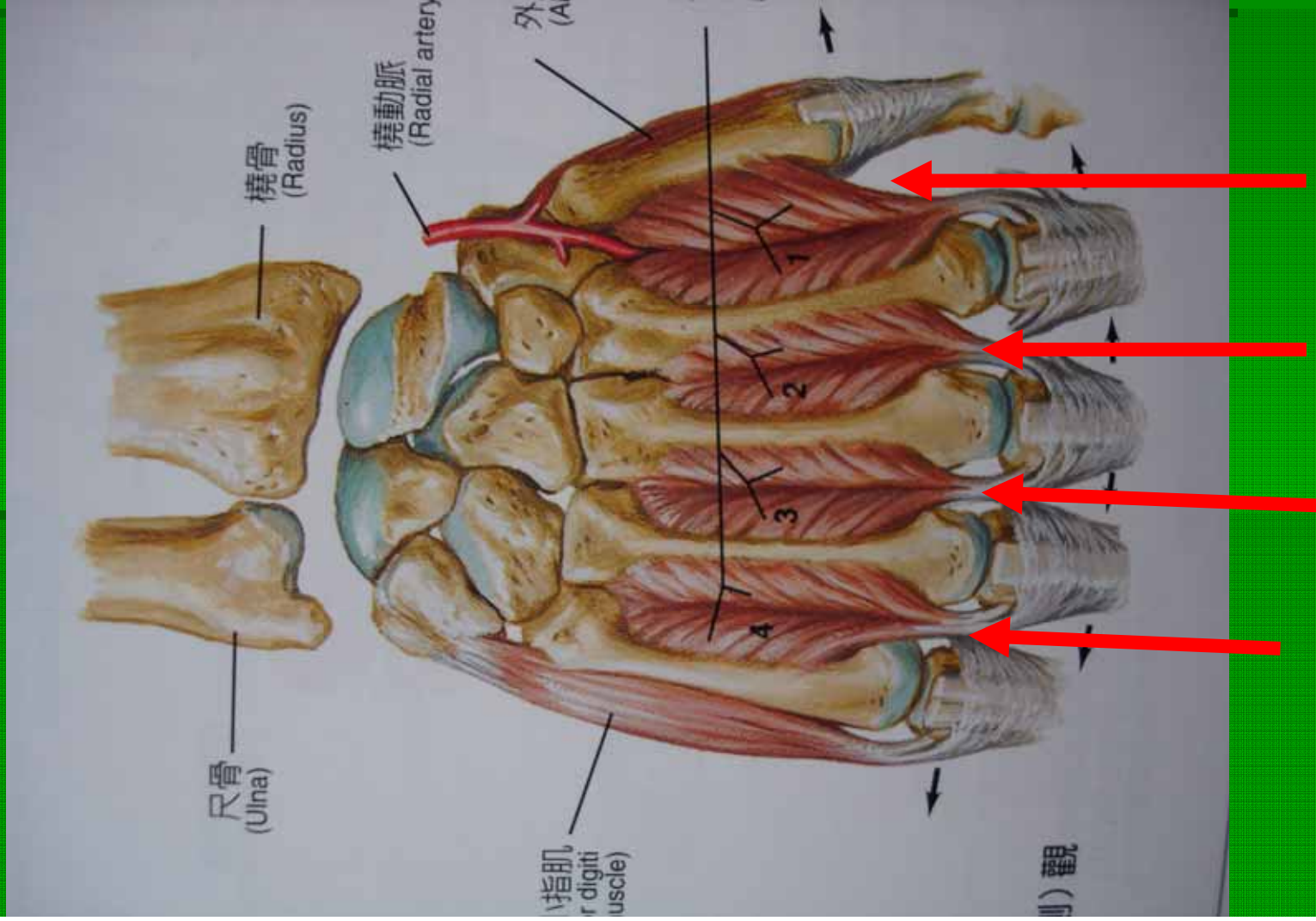
手背部份

手指的屈肌 伸肌的肌腱 (flexor & extensor tendon)





骨間肌 (interosseous m.)



- 伸姆短肌
- 伸姆長肌
- 外展姆長肌

■  大拇指的肌肉

Tendons of hand

- *Compartment 1*

abductor pollicis longus 外展姆長肌

extensor pollicis brevis 伸姆短肌

- *Compartment 2*

extensor carpi radialis longus 橈側伸腕長肌

extensor carpi radialis brevis 橈側伸腕短肌

- *Compartment 3*

extensor pollicis longus 伸姆長肌

- *Compartment 4*

extensor indicis 伸食指肌

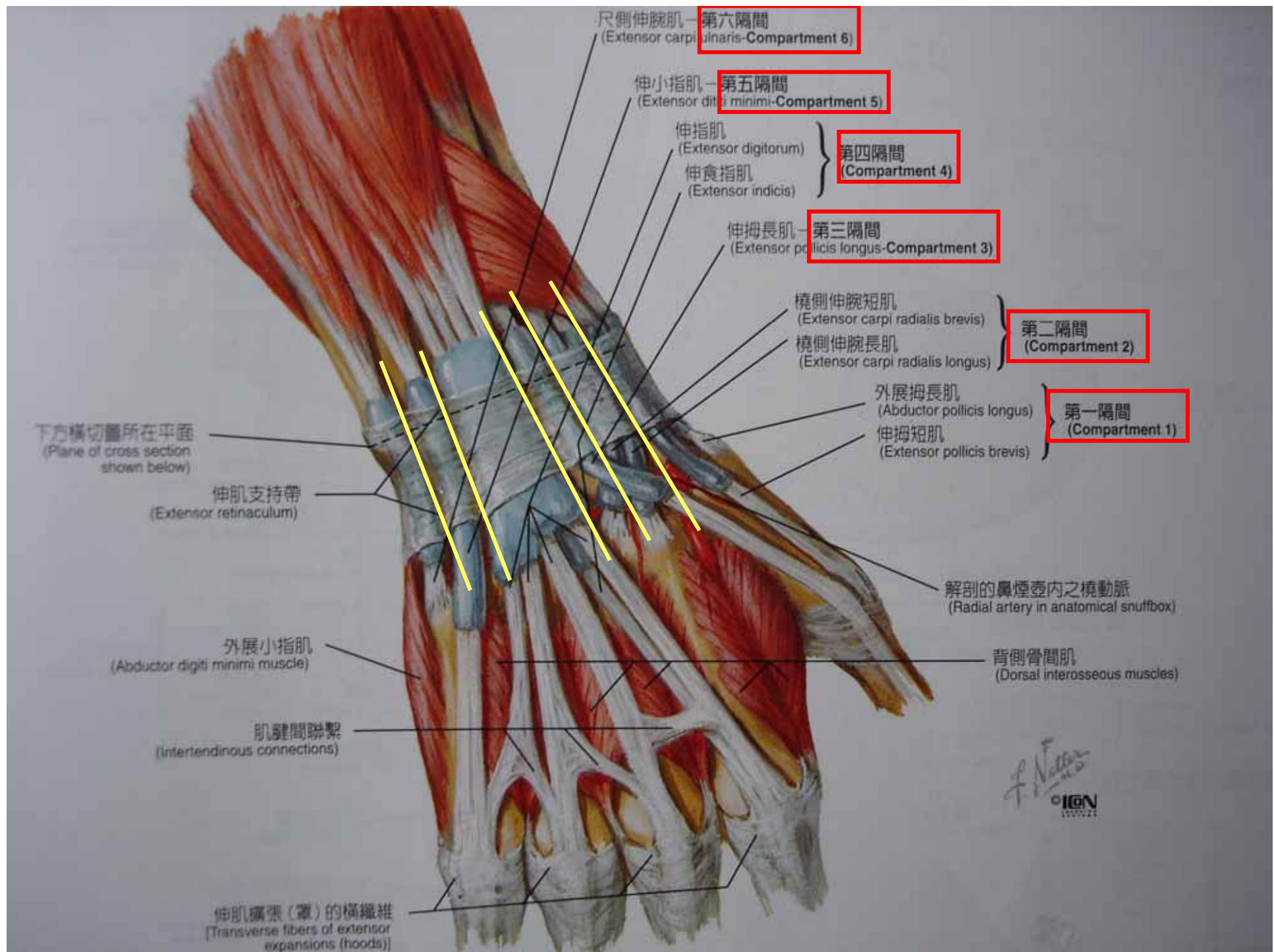
extensor digitorum 伸指肌

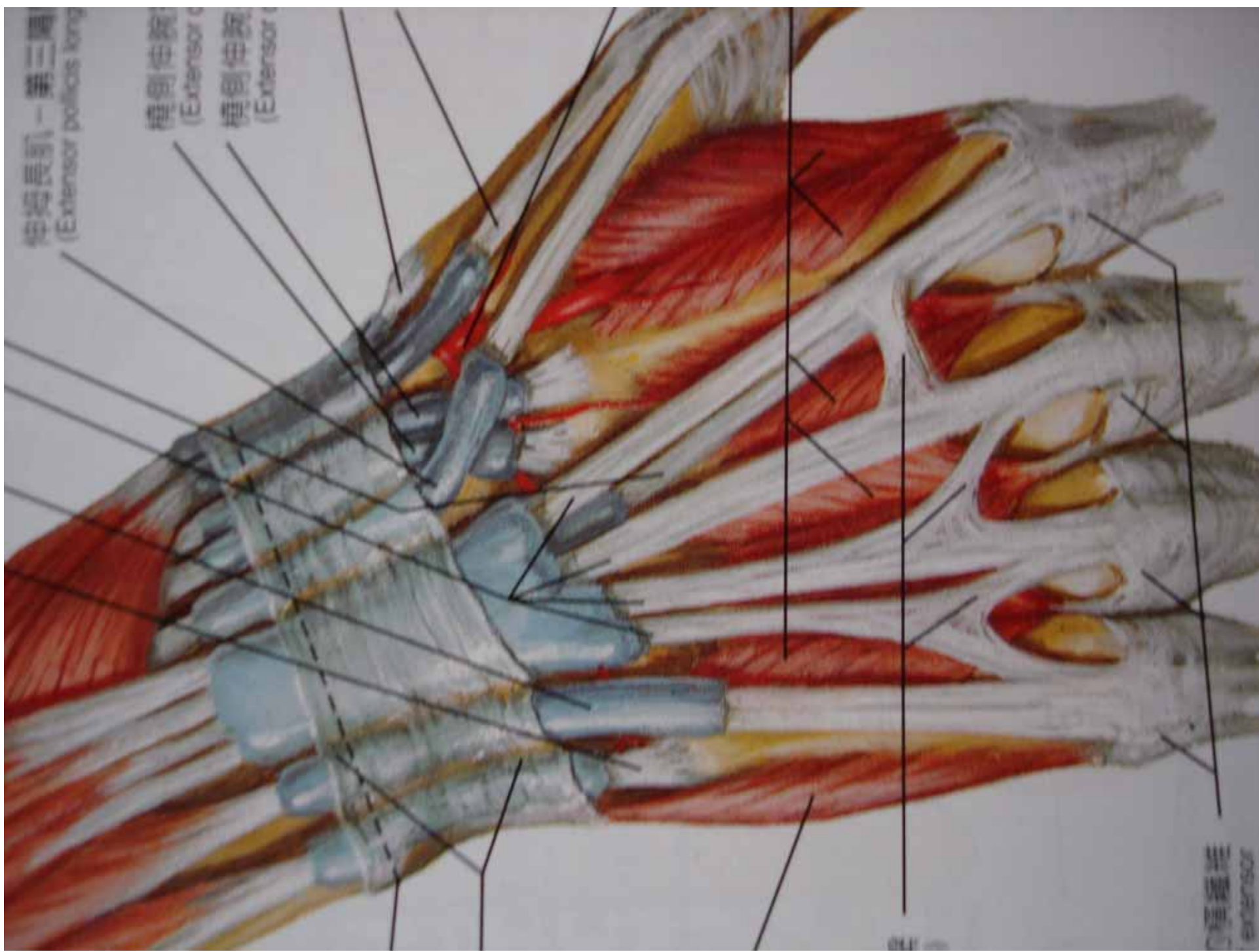
- *Compartment 5*

extensor digiti minimi 伸小指肌

- *Compartment 6*

extensor carpi ulnaris 尺側伸腕肌



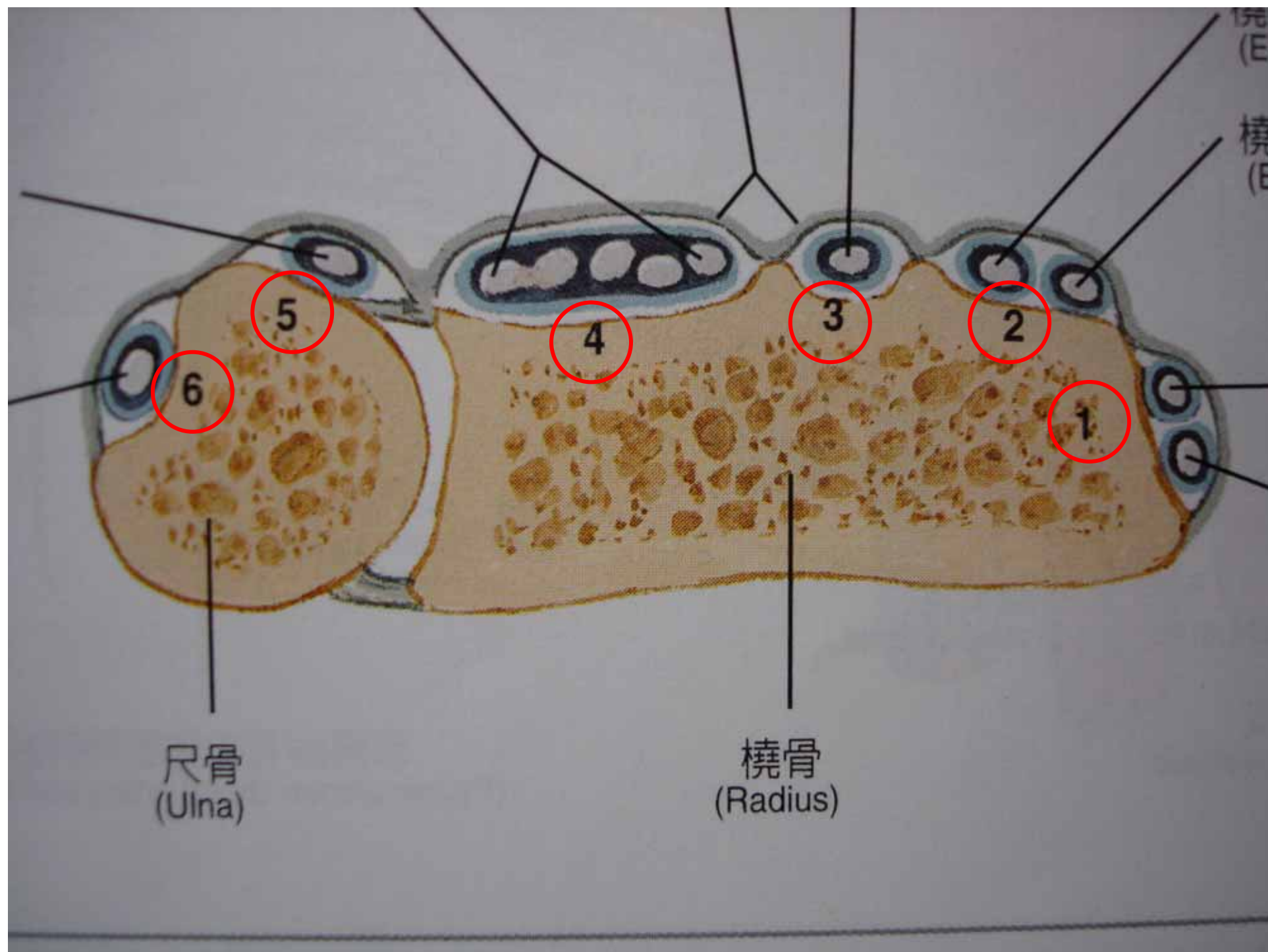


伸指長肌 - 第三腕
(Extensor pollicis long)

橈側伸腕
(Extensor (

橈側伸腕
(Extensor (

伸指長肌
(Extensor digitor)



END